Lebanon Pennsylvannia

NGA Pro/Am

Bodybuilding Show

(Pro-Qualifier)

***3/4Tier***

**SATURDAY, July 16, 2016**

**ELIGIBILITY:** ~Amateur athletes registered with the NGA.

~PRO’s – Open to all natural professional athletes who hold a current NGA Pro

Card and back dues must be paid to qualify for entry.

~All Athletes are required to take a 7 year drug free polygraph.

~Contest is not limited to amount of entries for both men and women.

**PLACE:** Days Inn & Suites Lebanon Valley Hotel - Ballroom

625 Quinton Rd

Lebanon Pa

**ENTRY FEE:** non-PROs = **$65 Crossover Fees = $30 per additional category**

PROs = **$105 Crossover Fees = $50 per additional category**

**Jr’s = $35 Crossover Fees = $25 per additional category**

**Teen’s = $20 Kids = $15**

Send Entry Form, Profile Form and Money order or Certified check payable to:

Mail app and payment to this address

Paula Franklin

PO box 824 Culpeper Va 22701

Cell: (410)905-4616 Fax: (800)927-1064

**DEADLINE:** July 5, 2016 - Postmark date

Late fee for entries not postmarked by this date = **$75** + $ 65 Amateur, $105 Pro, $35 Jr, $20 Teen, $15 Kids entry fee

**CROSSOVERS:** Contestants may compete in the masters, open and novice categories.

**AWARDS:** ~High quality medals, trophies and sculptures presented to the first five places and overall winners.

Special awards: best team participation =$300 , best male poser, & best female poser.

~PROs receive cash prizes : $1000 = 10 or more competitor in a division,

6-9 people in class = $700 to overall winner. 1-5 people in class = $500 to overall winner

**EVENT TIME:** Pre-Judging 11:00am & Finals 4:00pm (doors open at 3:30 pm)

**TICKET INFO:** ~Pre-Judging **$20** & Finals General Admission **$35**

**Pre Judge VIP $30 & Finals VIP $40**

~Combo All Day Pass VIP **$70, VIP Coach $55 (all-day & backstage),**

**- Coach (back stage only) Pass $25**

~Children 10 and under **FREE**

**Lebanon Pennsylvania**

**Nga Pro/Am**

**Bodybuilding Show**

***(PRO QUALIFIER)***

**SATURDAY, July 16, 2016**

***INFORMATION FOR COMPETITORS***

**POLYGRAPH TESTING:** 1. All Competitors must be tested Friday, July 15, 2016 at the Days Inn Hotel

2. Fees ($40 cash only) are paid at time of testing directly to the polygraph tester

3. Must make appointment by calling (917) 560-3196

4. Testing will be done at host hotel Friday, July 15, 2016 9:00am-8:30pm

5. If you have been polygraph within the past 90 days of event, you must provide

Original proof at registration.

**HOST HOTEL:** Days Inn Lebanon Valley Hotel & Suites

625 Quentin Rd Lebanon Pa 17042

(717) 273-6771

**REGISTRATION/WEIGH IN: FRIDAY - 1:30pm-8:30pm Days Inn Hotel**

**SATURDAY athletes Check in**-**10:00 am July 16 at the event venue**

**COMPETITORS MEETING:** 10:00 am SHARP at Days Inn Hotel Ballroom/ 3:00pm Hotel Ballroom

**PRE-JUDGING:** 11:00am SHARP

**FINALS:** 3:30pm (doors open at 4:00pm)

**PROFILE:** Complete and return attached profile sheet with entry form

**MUSIC**: Contestants must bring a CD or cassette tape preset to a maximum of 90 seconds.

If tape is not set, the DJ will play substituted music. All pro contestants will pose in

The evening show only 1 time.

**TRAINERS:** Must purchase a back stage pass and/or an all-day ticket that will get them back stage and in the auditorium to view the show. Only 1 trainer back stage is allowed.

A. The defi­nition and rulings of a novice are:

1. A competitor that has not placed in the top 3 in an open division of any organization;

2. A competitor that has not won 1st place in a novice division of any organization;

3. A novice competitor can crossover to the open division and vice versa; and

4. A master or couple can crossover into the novice or open division, but not both.

B. This show entitles class winners in the open division bodybuilding and overall ­figure winner to turn pro.

(5 competitors equal a valid class).

C. Promoters have the option of canceling any class for an insufficient amount of competitors;

D. Promoters have the option of splitting a division that has a total of 10 or more athletes.

For example, if the teen division has 10 competitors, the Promoter can divide this class into two calling them "Teen "A" and "B". This division should be worked out as evenly as possible either by age, weight, or height. Promoters should look at all entry forms and decide which way to go. It is the Promoter's option whether or not to do an overall of "Teen A" and "Teen B".

ADMINISTRATIVE USE:

\_\_\_\_\_Polygraph \_\_\_\_\_NGA Card \_\_\_\_\_Pro Card \_\_\_\_\_Fees Contestant # \_\_\_\_\_\_\_\_\_\_

**ENTRY FORM**

******Lebanon Pa. NGA Pro/Am**

**SATURDAY,July 16, 2016***ngalogo2_ddkx*

MEN’s DIVISIONS  WOMEN’s DIVISIONS

\_\_\_\_\_\_ **MEN’s BODYBUILDING OPEN \_\_\_\_\_ WOMEN’s**

\_\_\_ A) Lightwt- over 143 ¼ to 154 ¼ lbs.

\_\_\_ B) Middlewt-over 154 ¼ to 176 ¼ lbs. \_\_\_\_Military, law enforcement & Firefighter bikini

\_\_\_ C) Light-Hvywt- over 176 ¼ to 198 ¼ lbs.

\_\_\_ D) Heavywt- over 198 ¼ to 225 ¼ lbs. **\_\_\_\_\_ Novice Figure**

**\_\_\_ Novice Bikini**

**\_\_\_ Novice\_Bikini Model**

\_\_\_\_\_\_ **FIRST TIMERS** **MEN’s** \_\_\_\_\_ Novice women physique

\_\_\_ Men’s Bodybuilding

\_\_\_ Men’s Physique

**\_\_ noviceClassic Physique**

**\_\_novice physique**

**\_\_\_\_\_\_ MEN’s MASTERS BB** (must show ID) \_\_\_\_\_\_ **WOMEN’s FIGURE MASTERS** (ID)

\_\_\_ A) age 40 to 49 \_\_\_ A) age 35-39

\_\_\_ B) age 50 to 59 \_\_\_ B) age 40-44

\_\_\_ C) age 60-69 \_\_\_c)age 45-49

\_\_\_ D) Grand Masters 70+ \_\_\_\_\_D)age 50+

\_\_\_\_\_\_ **MEN’s** **NOVICE BODYBUILDING**  \_\_\_\_\_\_ **WOMEN’s FIGURE OPEN** \_\_\_ A) Short

\_\_\_\_\_ Military, Law Enforcement & Fire BB \_\_\_ B) Tall

\_\_\_\_\_\_ **MEN’s PHYSIQUE OPEN** \_\_\_\_\_\_ **WOMEN’s PHYSIQUE OPEN a.light (143 ¼-154 ¼) b. Middle (154 ¼-176 ¼)**

c. Light-Hvy (176 ¼-198 ¼

d heavy (198 ¼-225)

\_\_\_\_\_OpenClassic Physique \_\_\_\_\_\_ **WOMEN’s BIKINI OPEN** \_\_\_ A) Short

\_\_\_\_\_\_ **TEEN BODYBUILDING (16-19)** (must show ID)

\_\_\_\_\_\_\_ Jr Bodybuilding (20-21) must show ID \_\_\_ B) Tall

\_\_\_\_\_ Teen bodybuilding fitness (16-19)

(Sports theme outfit)

\_\_\_\_\_ Jr bikini (20-21)

\_\_\_ Kids (11-15) \_\_\_Boys {boy shorts} \_\_\_Kids[11-15] \_\_\_Girls {sport theme outfit}

\_\_\_\_\_\_ **Mens Master Pro Bodybuilding**

**\_\_\_\_\_\_\_\_MEN’s OPEN PRO BODYBUILDING \_\_\_\_\_\_\_ Open Pro Figure**

**\_\_\_\_\_ classic Pro Physique \_\_\_\_\_Pro lady Physique**

**\_\_\_\_\_\_ Pro Men Physique \_\_\_\_\_\_\_ Pro Bikini** \_\_\_\_\_\_\_ **Pro Master Figure**

Waiver:

Name\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_ Pro Card# (if applicable) \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_

Address\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_

Phone\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_ Weight\_\_\_\_\_\_\_\_\_ Birth date \_\_\_\_\_\_\_\_\_\_\_ Age\_\_\_\_\_\_

E-Mail\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_ Facebook\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_

WAIVER: In consideration of your accepting this entry, I hereby intend to be legally bound for myself, my heirs, executors and administrators, and waive and release any and all rights and claims for damages I may have against Paula Franklin (NGA) 625 Quentin rd. Lebanon Pa 17042, and any and all sponsors, agents, representatives and assigns for any and all injuries and/or losses suffered by me as a result of my participation and/or attendance at the NGA PRO/Am July 16, 2016

\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_ \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_

Contestant signature signature of guardian if contestant is a minor

Mail to : Paula Franklin PO box 824 Culpeper Va 22701

**Lebanon Pa NGA Pro/Am**

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**SATURDAY, July 16, 2016**

***Profile for the MC to News Media – return with entry form***

Name\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_ Contestant#\_\_\_\_\_\_\_

Division(s) \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_

Weight/ Height Class\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_

Town & State Representing \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_

Club/Gym Representing\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_

Previous Titles Won \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_

Age\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_ Trainer\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_

Special Thanks/ Other Comments/ Hobbies

**Lebanon Pa Event Competitor Services:**

**Poly: Chris Seacrest (917)560-3196**

**Makeup:**

**Studio10 cosmetics (Tanya Wells)**

**Studio10cosmetics.com**

**Email:** [**makeup@studio10cosmetics.com**](mailto:makeup@studio10cosmetics.com)

**Cell: 1-800-396-6219**

**Tanning:**

**Team Iron Fit**

**105 Warwick St. Lititz, Pa 17543**

**(Tina Lukas 717-824-0678)**

**www.Teamironfit.com**

**Please note that Dream Tan is banned at this event. Failure to refrain from using this product will result in disqualification from the event. You will be judged on your tan, appearance and physique**

**Photos Schedule Professional Shots:**

**Adonis Productions**

**Jim Wilmer: (443)802-1390**

**Adonisproductions.com**

**Video:**

**Kaila Boulware: (908)670-2413**

[**Kaila\_Boulware@yahoo.com**](mailto:Kaila_Boulware@yahoo.com)

**Special Photo/ Portfolio Shots**

**Rob Morton & Mya Morton (443)570-4864**

**Rob@trelynnpro.com**

**www.TreLynnPro.com**

**Class Order – July 16, 2016**

**Pro Bikini**

**Pro Figure**

**Pro Lady Physique**

**Pro Men’s Physique**

**Pro Men’s Bodybuilding**

**– 5 min break – Pro photo session outside @ pool**

**Novice Bikini**

**Novice Bikini Model**

**Novice Figure**

**Novice women Physique**

**Novice Men Physique**

**Novice Men Classic Physiique**

**Novice Men Bodybuilding**

**Military police fire men bodybuilding**

**Jr Men’s Bodybuilding**

**Teen Men Bodybuilding**

**Kids (Male)**

**Kids (Female)**

**Teen women bodybuilding Fitness Outfits**

**Women master Figure (By Age)**

**Men’s master bodybuilding (Be Age)**

**-5min break photo session @ pool**

**Open military police fire bikini**

**Open Bikini short**

**Open Bikini Tall**

**Open Figure short**

**Open Figure Tall**

**Open women Physique**

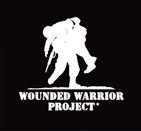
**Open Men Physique**

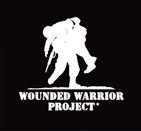
**Open Men BB Light**

**Open Men BB Middle**

**Open Men BB Lthvy**

**Open Men BB HVY**

**Photo Shoot by the Pool**

[**www.Findwwp.org**](http://www.Findwwp.org)

**Donate now-onetime donation Support our troops, provide comfort to a wounded warrior**

**Event Id: P146803**

**Things to Remember**

**Before June 1, 2016**

1. **Schedule your poly with Chris ( Cash only $40)**
   1. **Call (917)560-3196**
2. **Schedule your Competition Tan** 
   1. **Call Tina Lukas 717-824-0678**
   2. **Dream-Tan is not allowed in this Venue ( Too costly to clean up)**
3. **Schedule your Makeover with Tanya Wells**
   1. **Call 1-800-396-6219**
4. **Schedule Photo session with Jim (443)802-1390 and Rob Morton (443)570-4864**
5. **Schedule Video session with Kaila (908)670-2413**
6. **Hotel reservation Days Inn & Suites**
   1. **Promo Code “NGA”**
   2. **(717)273-6771**
7. **Purchase sheets, pjs & yoga mat**
8. **Purchase your NGA membership card – Pro membership card must purchase from NGA office**
9. **Pose, pose, pose- Mail Entry form to Paula Franklin PoBox 824 culpeper Va 22701**

**On July 15, 2016**

1. **Arrive for your Tan and poly – at the hotel lower level room**
2. **Register for the show in the basement meeting room at 1:30pm**
3. **Purchase your NGA membership card ( CASH ONLY- on July 15th & 16th)**

**On July 16, 2016**

1. **Competitor Prejudging meeting in the ballroom at 10 am**
2. **Show starts at 11am**
3. **Competitor finals meeting in the ballroom at 3pm**
4. **Show starts at 4pm**
5. **Arrive for makeup - hotel lower level room**
6. **Arrive for tan and or touchup**
7. **Late registration arrive at 9am**

**Special awards:**

**Best Male Poser**

**Best Female Poser**

**Best Team participation=$300**

**Online Tickets and registration:**

Your event URL is [http://www.eventbrite.com/e/nga-lebanon-proam-bodybuilding-classic-2016-tickets-20025554974](http://www.eventbrite.com/e/nga-lebanon-proam-bodybuilding-classic-2016-tickets-20025554974?aff=utm_source%3Deb_email%26utm_medium%3Demail%26utm_campaign%3Dnew_event_email&utm_term=eventurl_text)

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**www.Findwwp.org**

